



### Hours of Operation

Monday to Friday  
6:00am-10:00pm

Saturday & Sunday  
7:00am-9:30pm

### Holiday Hours

Christmas Eve  
December 24  
6:00am-4:00pm

Christmas Day  
December 25  
Closed

Boxing Day  
December 26  
Closed

New Year's Eve  
December 31  
6:00am-4:00pm

New Year's Day  
January 1  
Closed

Easter Holidays  
April 2, 4 & 5  
8:30am-4:00pm

**Did you know...**  
the Maple Ridge Leisure Centre was originally opened in 1981?

## Maple Ridge Leisure Centre

Tel: 604-467-7322

Fax: 604-467-7373

11925 Haney Place  
Maple Ridge, BC V2X 6G2



### Maple Ridge Leisure Centre

Aquatic Supervisors .....	604-467-7302
Customer Service Office .....	604-467-7322
Customer Service Office Supervisor, Julie Rengert. ....	604-467-7439
Events & Volunteer Coordinator, Kathryn Baird.....	604-467-7459
Facility Supervisor, Tim Gibson.....	604-467-7438
Festival & Volunteer Office .....	604-467-7325
Health & Wellness Manager, Lex Tierney .....	604-467-7310
Recreation Access Coordinator.....	604-467-7355
Recreation Access Coordinator, Shayna Funk-Larmor .....	604-467-7303
Rec Coord. Sports & Fitness/Active Comm. Pauline Vandermoor .....	604-467-7466
Recreation Programmer, Jeff Lemire.....	604-467-7432
Support Services Manager, Don Cramb .....	604-467-7415
Youth Services Coordinator (YOI), Tony Cotroneo .....	604-467-7392

### Maple Ridge Leisure Centre Partners

Golden Ears Ortho. & Sports Physiotherapist.....	604-465-2833
Golden Ears Preschool.....	604-463-4652
Childminding Activity Centre.....	604-467-7494
West Coast Kinesiology Sports Injury Clinic .....	604-467-4675

### Teen Swims at the Leisure Centre

3rd Friday of every month join our D.J. for a rockin' pool side party. Enjoy the loud music and a cooled down hot tub. Regular admission rates apply.  
8:00-10:00pm

### Waterslide Times at the Leisure Centre

Sunday .....	12:00-7:00pm
Monday to Thursday.....	4:00-8:00pm
Friday.....	2:00-8:00pm
Saturday .....	12:00-9:00pm



**Expect more children in the facilities during school Pro-D-days & holidays**

Register online at [www.recreg4u.ca](http://www.recreg4u.ca) or call 604-465-2470

# Pitt Meadows Family Recreation Centre



**Tel: 604-465-2452**  
**Fax: 604-465-2493**  
 12027 Harris Road,  
 Pitt Meadows, BC V3Y 2B5



## Pitt Meadows Family Recreation Centre

Children's Programs .....	604-465-2483
Community Connections Manager, Shelley Jorde .....	604-465-2451
Customer Service Office .....	604-465-2452
Customer Service Office Supervisor, Julie Rengert .....	604-460-6705
Facility Supervisor, Tim Gibson .....	604-467-7438
Recreation Programmer, Jackie Senchyna .....	604-465-2453
Youth Outreach Initiative, Adam Rieu.....	604-465-2447
Facility Bookings .....	604-465-2499
Extension: 1- Facilities, 2- Municipal Ice Bookings, 3- Sports Fields, 4- Field Conditions	
Park Shelters .....	604-465-2499 (1)

## Pitt Meadows Family Recreation Centre Partners

Community Policing Office.....	604-465-2402
Discovery Preschool/Daycare Society .....	604-465-4428
Seniors Lounge .....	604-465-2478

## Facility Bookings

A variety of facility rentals are available throughout our communities, such as meeting rooms, gymnasiums, sport fields, arenas and reception halls. Facility Booking staff are happy to assist you with your next special event or tournament.

**School District 42**  
**Pro-D Days & Holidays**  
**Winter Break - Dec 21 to Jan 1**  
**Spring Break - Mar 8 - 12**  
**Pro-D Day - Jan 21**

**Expect more children in the facilities.**  
 Please check schedules at:  
[www.mapleridge.ca](http://www.mapleridge.ca) or  
[www.pittmeadows.bc.ca](http://www.pittmeadows.bc.ca)  
 for the most up-to-date schedules



## Hours of Operation

Monday to Saturday  
 8:00am-9:30pm

Sunday  
 9:30am-8:00pm

**Holiday Hours:**  
 Facility Closed

**Christmas Closures**  
 December 24  
 December 25  
 December 26  
 December 31

**New Years Closure**  
 January 1

**Easter Weekend Closures**  
 April 2  
 April 4

**Easter Monday Hours**  
 April 5  
 8:30am-4:00pm

**Did you know...**  
 the Pitt Meadows Family Recreation Centre opened their doors in 2002?

## Admission Rates - Effective January 1, 2010

	Adult or Parent & Tot		Child 3-12 yrs		Student 13-18 yrs		Senior 60+ yrs		Family *		Healthy Business		
	Flexi	PMFRC	Flexi	PMFRC	Flexi	PMFRC	Flexi	PMFRC	Flexi	PMFRC	Single	Family	Student
Single Visit	\$5.50	\$4.55	\$2.80	\$2.25	\$3.60	\$2.90	\$3.60	\$2.90	\$9.65	\$8.50			
10 Visits	\$49.50	\$41.00	\$25.20	\$20.30	\$32.40	\$26.10	\$32.40	\$26.10	\$86.90	\$76.50			
20 Visits	\$88.00	\$72.80	\$44.80	\$36.10	\$57.60	\$46.40	\$57.60	\$46.40	\$154.40	\$136.00			
1 Month Pass	\$55.00	\$45.50	\$28.00	\$22.53	\$36.00	\$29.00	\$36.00	\$29.00	\$96.50	\$84.99			
3 Month Pass	\$140.25	\$116.03	\$71.40	\$57.45	\$91.80	\$73.95	\$91.80	\$73.95	\$246.08	\$216.73			\$59.39
6 Month Pass	\$264.00	\$218.40	\$134.40	\$108.13	\$172.80	\$139.20	\$172.80	\$139.20	\$463.20	\$407.96	\$248.01	\$434.61	
1 Year Pass	\$528.00	\$436.80	\$268.80	\$216.27	\$345.60	\$278.40	\$345.60	\$278.40	\$926.40	\$815.92	\$472.41	\$827.82	

All rates are subject to change and are reviewed annually.

\*Family - a family is defined as 2 adults with their own children or grandchildren under the age of 19.

### Membership Pass Types

**Flexi Pass:** Includes admission to both the Maple Ridge Leisure Centre and the Pitt Meadows Family Recreation Centre, along with the use of aquatics, racquetball & squash area at the Leisure Centre, and use of the weight room (16+ years), aerobic classes, spinning classes and drop-in gymnasium programs at both facilities.

### PMFRC Pass:

Admission includes use of weight room (16+ yrs), drop-in aerobics, spinning classes and drop-in gymnasium programs at the Pitt Meadows Family Recreation Centre.

### Healthy Business Membership:

Admission includes access to the Leisure Centre, Pitt Meadows Family Recreation Centre. Pass also includes a personal training session. Proof of employment required at time of purchase. For more information on the Healthy Business Membership call Jeff Lemire at 604-467-7432 or email jlemire@mapleridge.ca

### Adult Students:

Adults students must show proof of full time education enrollment at time of purchasing a student membership pass.

## Supervision of Children

### Child Minding

The Child Care Activity Centre in the Leisure Centre offers the perfect place for parents and children, 7 years and under to play together. Children 2 - 7 years can play in a fun, safe environment while Mom and Dad workout. All Child Care Activity Centre staff have experience in child care along with first aid and CPR-C training. Please Note: The child minding facility is closed on Sundays and statutory holidays.

Please note: Children will not be permitted into child minding if they are sick.

**Cost:** \$3.20 for up to 1 ¼ hours or \$5.25 for 2 ½ hours

### Hours of Operation:

Monday to Friday 8:30am-8:00pm  
Saturday 8:00am-12:00pm



### Pool Area

In accordance with provincial guidelines, we require someone 16+ years to be within arm's reach of all children under 7 years of age. Maximum of 3 children per adult.

### Drop-In Fitness Classes

Classes are adult oriented (16+yrs). Youth 13 to 15 years of age may be allowed to participate based on the discretion of the individual instructor and with a parent present. Please allow adequate time to speak to an instructor prior to class start time.

## Looking for something fun and inexpensive to do?

### In Maple Ridge

**Loonie Swims** - Maple Ridge Leisure Centre  
Every Sunday, 7:00am to 2:30pm, \$1 admission

**Parent & Child Playtime** - Maple Ridge Leisure Centre Gym  
Mon, Wed & Fri, 9:30 to 11:30am, \$1 admission/child

**Rock Climbing** - Greg Moore Youth Centre  
Thu & Sun, 6:00-9:00pm (Ages 13-18yrs), \$2

**Drop-In Skateboarding** - Greg Moore Youth Centre  
Mon, Wed, Fri & Sun, 6:00-9:30pm (Ages 13-18yrs), \$3  
Fri & Sun, 3:00-5:00pm (Ages 10-12yrs), \$3

**Drop-In Youth Recreation**  
Greg Moore Youth Centre  
Tuesdays, 6:00-9:30pm (Ages 13-18yrs), Free

**Drop-In Open Gym** (Ages 13-18yrs)  
Whonnock Elementary, Mondays, 7:00-9:00pm, Free

**RCMP Intramurals** - Greg Moore Youth Centre  
Co-op games with RCMP Officers for ages 13-18yrs  
Jan 29, Feb 26, Mar 26, April 30, 3:30-5:00pm, Free

### In Pitt Meadows

**Toonie Tuesdays**  
Pitt Meadows Family Recreation Centre  
Every Tuesday, All day, \$2 admission

**Toonie Skate** - Pitt Meadows Arena - Red Rink  
Tuesdays, 12:00-1:00pm, \$2 admission

**Parent & Child Playtime**  
Pitt Meadows Family Recreation Centre  
Mon & Wed - 10:00-11:30am, Sat - 2:00-4:00pm,  
\$1 admission/child

**Youth Drop-In Gym**  
Pitt Meadows Family Recreation Centre  
Fri & Sat, 7:30-9:30pm, (Ages 13-18yrs), \$2 admission

#### Participation Program

To help ensure that cost is not a barrier to accessing our services, the Participation Program offers reduced admissions and program fees to residents who meet financial eligibility.

Call 604-467-7355 or 604-467-7303 for more information.

## Family Opportunities with Parks & Leisure Services

### Parent & Infant/Tot Opportunities

Aquafit - Mom & Baby..... see page 47  
Baby and Me Workout..... see page 47  
Boppin' Babes..... see page 12  
Family Gym Playtime..... see page 46  
Mom & Baby Yoga..... see page 47  
Pajama Play..... see page 38  
Parent & Child Playtime..... see page 46  
Parent & Tot Rhythmic Gymnastics..... see page 12  
Skating - Parent & Tot, Drop-In ..... see page 21  
Skating - Parent & Tot, Lessons ..... see page 24  
Sportball - Junior..... see page 38  
Sportball - Me & My Dad..... see page 38  
Sportball - Parent & Tot..... see page 38  
Swimming - Parent & Tot..... see page 30  
Time for Tots..... see page 13

### Prenatal Opportunities

Fit for Two - Prenatal Aquafit..... see page 47  
Prenatal Yoga ..... see page 53

### Family Opportunities

Christmas Craft Fair ..... see page 39  
Families Learn to Curl ..... see page 27  
Family Gym Playtime..... see page 46  
Kid's Only Swapmeet ..... see page 39  
Skating - Public Skating ..... see page 21  
Winter Wonderland Skate..... see page 21





## Access for All...

Maple Ridge and Pitt Meadows Parks and Leisure Services believes in strengthening community through active participation.

The Recreation Access Staff are available to support you in your recreation.

## Agency/Individual Leisure Access Card

Available for customers requiring support to participate in our leisure activities. This card enables customers to bring a support person at no additional charge.

Application forms available at either the Maple Ridge Leisure Centre or the Pitt Meadows Family Recreation Centre. For more information call 604-467-7355.

Removeable pool stairs and portable lifts are available for customers to use within the Leisure Centre or pools. See aquatics staff for assistance.

### Did you know...

1,848 individuals / families utilized our participation program in 2008?

## Recreation Access Coordinator

Shayna Funk-Larmor

Tel: 604-467-7303

[sfunk-larmor@mapleridge.ca](mailto:sfunk-larmor@mapleridge.ca)

## Recreation Access Coordinator

Tel: 604-467-7355

## Leisure Wellness Program:

This program focuses on leisure as one component of a recovery plan and is offered in partnership with the Fraser Health Region, Mental Health Services. For details please call Shayna Funk-Larmor at 604-467-7303

## Municipal Advisory Committee on Accessibility:

Advocates for community inclusiveness and accessibility within Maple Ridge and Pitt Meadows, in areas of daily living. Call 604-467-7355 for details.

## Be A Volunteer:

Support customers requiring assistance in leisure activities. Volunteer opportunities are available for anyone over 14yrs of age. For more information or to become a volunteer please call 604-467-7355.



## Participation Program

To help ensure that cost is not a barrier to accessing our services, the Participation Program offers reduced admissions and program fees to Maple Ridge and Pitt Meadows residents who meet eligibility. This program is designed for individuals and families whose combined gross household income falls at or below the Statistics Canada Low Income Cut-Offs for 2008. To qualify, residents gross household income must be at or below the following threshold:

Family Size	Family Income
1 person	\$18,976
2 persons	\$23,623
3 persons	\$29,041
4 persons	\$35,261
5 persons	\$39,992
6 persons	\$45,105
7+ persons	\$50,218



Recreation For All  
"Ensuring Accessibility"