



We have the experience you're looking for!

Aquatics

Community Events

Emergency Social Services

Seniors Society

Walking and Running Clubs

Weight Room Volunteers (Pitt Meadows only)

Youth Services

Volunteer Services Office

Serving Maple Ridge & Pitt Meadows
Maple Ridge Leisure Centre
11925 Haney Place, Maple Ridge
Tel: 604-467-7325
festival@mapleridge.ca

From Compassion to Action

Volunteering provides a rewarding way in which to get involved in the community and make a difference in the lives of others. Community involvement also provides an opportunity to gain career experience, meet new people, and try out a new activity. Volunteers come from all walks of life, age groups, cultures, abilities and backgrounds.

Community Development Workshops for Volunteers and Board Members

Fundraising & Grants

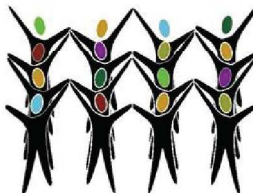
Age: 16yrs and up
Learn some of the elements of effective fund development in this introduction to preparing grant proposals and raising funds for special events, projects, and other worthwhile causes. Guest speaker, Sandra Rankin, Executive Director for the Ridge Meadows Hospital Foundation, will be sharing her expertise and her considerable experience along with some useful tools and strategies for acquiring funds to support non-profit initiatives. Refreshments are provided but please 'lug a mug' for beverages. As space is limited, please pre-register.

Location: Maple Ridge Library

Cost: Free

M Apr 26 7:00-8:30pm #141716

VOLUNTEER



MAPLE RIDGE PITT MEADOWS

A proud partner of
Volunteer Maple Ridge
and Pitt Meadows.



For information about becoming a volunteer with Parks and Leisure Services, call the Festival & Volunteer Office at 604-467-7325.
Email: festival@mapleridge.ca or visit www.myvolunteerpage.com

Volunteer Opportunities

To view opportunities & descriptions with Parks & Leisure Services register at www.myvolunteerpage.com and search Maple Ridge or Pitt Meadows.

Networking & Information Session

Age: 16yrs and up

Volunteering has a meaningful and positive impact on your community but did you know it can have many benefits too? Find out how you can be part of your community, develop a new skill, boost your career options, enhance your sense of achievement, discover a new hobby and meet a diverse range of people. Volunteering is the perfect way to gain new life experiences and your community has a wealth of opportunities for enhancing your sense of achievement and personal motivation.

Location: Maple Ridge Library,

Cost: Free

W May 26 7:00-8:30pm #141713

Nonviolent Crisis Intervention

Age: 14yrs and up

The Nonviolent Crisis Intervention program, developed by the Crisis Prevention Institute (CPI), not only teaches volunteers to respond effectively to the warning signs that someone is beginning to lose control, but also addresses how volunteers can deal with their own stress, anxieties, and emotions when confronted with these challenging situations. You can learn how to avoid and take control of an out-of-control situation with the Nonviolent Crisis Intervention training program with certified instructor, Tony Cotroneo.

Location: Greg Moore Youth Centre

Cost: Free

Sa,Su Jun 5-6 9:00am-4:00pm #141717

Register online at www.recreg4u.ca or call 604-465-2470